



Curriculum Timeline

The Black Belt Leadership Program requires approximately 3.5 years (to black belt). During this time, students will progress through the different stages of testing with different objectives in each segment.

Introduction to Karate: (Training approximately 6 months)

During this phase of martial arts development the students will focus on the following:

- Kata/Forms
- Martial Arts Etiquette
- Word of the Month
- Sparring Basics
- Character Development
- Fundamentals in Training "FIT"

(A specific word related to strong character which will serve as the theme for the month)

Intermediate Level: (Training approximately 18 months)

During this phase of martial arts development the students will focus on the following:

- Advanced Kata/Forms
- Traditional Weapons
- One on One Sparring
- Advanced Sparring Techniques
- Weapons Camps
- Continued Focus on Character Development

Black Belt Preparation: (Training approximately 12 months)

During this phase of martial arts development the students will focus on the following:

- Mastering of 12 Katas/Forms
- Completion of 3 Weapons
- Advanced Weapons
- Leadership Training
- Group Sparring
- Advanced Sparring Techniques
- 2 Months of Black Belt Testing
- Weapons Camps
- One on One Sparring
- Run a Class of Peers

The instructors of the Ryukyu Academy welcome you to our karate dojo. It is our goal to provide excellent martial arts training in a safe, disciplined environment. We look forward to providing training and support to each individual student to ensure they learn life skills in a rewarding environment.

(248)625-3547

www.StarsandStripesKids.com



Stars & Stripes
Kids Activity Center

4630 White Lake Rd.
Clarkston, MI 48346